

Please add the following new claims 7-29:

7. (New) An exercise device having a load comprising:
at least one arm assembly operably attached to said load;
a handle assembly operably attached to said arm assembly;
said handle assembly having means for rotating with respect to said arm assembly about a first axis of rotation; and
said handle assembly having means for pivoting in at least one orthogonal direction with respect to said first axis of rotation.
8. (New) An exercise machine as defined in claim 7, wherein said at least one orthogonal direction is two different orthogonal directions with respect to said first axis of rotation.
9. (New) An exercise machine as defined in claim 7, wherein said means for pivoting in at least one orthogonal direction with respect to said first axis of rotation comprises a pivot ball operably attaching said handle assembly to said arm assembly.
10. (New) An exercise device having a base, a mechanism support and a seat said exercise device comprising:
a weight stack;
at least one arm assembly operably attached to said weight stack;
a handle assembly having a handle member, operably attached to said arm assembly;
said handle assembly rotating with respect to said arm assembly about a first axis of rotation; and
said handle assembly pivoting in at least one orthogonal direction with respect to said handle assembly.
11. (New) The exercise device as claimed in claim 10, wherein said at least one orthogonal direction is two different orthogonal directions with respect to said first axis of rotation.
12. (New) The exercise device as claimed in claim 10, wherein said handle assembly further comprises a base member and a cylindrical grasping member rotatably connected to said base member, said cylindrical grasping member rotating about a second rotation axis.
13. (New) An exercise device having a base, a mechanism support and a seat, said exercise device comprising:

a weight stack;
at least one arm assembly operably attached to said weight stack;
a handle assembly operably attached to said arm assembly;
said handle assembly having means for rotating with respect to said arm assembly about a first axis of rotation; and
said handle assembly having means for pivoting in at least one orthogonal direction with respect to said arm assembly.

14. (New) An exercise machine as defined in claim 13, wherein said at least one orthogonal direction is two different orthogonal directions with respect to said first axis of rotation.

15. (New) An exercise machine as defined in claim 13, wherein said means for pivoting in at least one orthogonal direction with respect to said first axis of rotation comprises a pivot ball operably attaching said handle assembly to said arm assembly.

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16. (New) An exercise machine handle assembly operably attached to an arm assembly of said exercise machine, said handle assembly comprising:

a base member having a grasping member attached thereto; and
a connection joint connecting said base member to said arm assembly, said connection joint providing for rotation of said handle assembly with respect to said arm assembly about a first axis of rotation and providing for pivoting of said base member in at least one orthogonal direction with respect to said first axis of rotation.

17. (New) The exercise machine handle assembly of claim 16 wherein said grasping member is rotatably connected to said base member providing for rotation with respect to said base member about a second axis of rotation.

18. (New) The exercise machine handle assembly of claim 16 wherein said connection joint further comprises:

a first axle attached to said base member;
a pivot ball operably attached to said first axle;
a second axle operably attached to said pivot ball, said second axle being operably attached to said arm assembly.

19. (New) The exercise machine handle assembly of claim 18 wherein said first axle further comprises a pair of flanges for pivotal attachment of said first axle to said pivot ball.

20. (New) The exercise machine handle assembly of claim 18 wherein said second axle further comprises a pair of flanges for pivotal attachment of said second axle to said pivot ball.

21. (New) The exercise machine handle assembly of claim 18 wherein said second axle is operably attached to said arm assembly by a third axle providing for rotation of said handle assembly with respect to said arm assembly about said first axis of rotation.

22. (New) The exercise machine handle assembly of claim 21 further comprising a sleeve having at least one bearing therein, said sleeve being attached to said third axle and said arm assembly.

23. (New) The exercise device handle assembly of claim 16 wherein said handle member further comprises a grasping member rotatably connected to said handle assembly.

24. (New) An exercise machine having a load wherein the primary movement is a pushing motion to actuate the load comprising:

at least one arm assembly operably attached to said load;

a handle base member rotatably attached to said arm assembly, said handle base member rotating with respect to said arm assembly about a first axis of rotation;

a grasping member rotatably attached to said handle base member, said grasping member rotating with respect to said handle base member about a second axis of rotation orthogonal to said first axis of rotation.

25. (New) The exercise machine of claim 24 wherein said handle base member further comprises an asymmetrical shape about said first axis of rotation such that when not in use said handle base member rotates to an upright position.

26. (New) An exercise machine handle assembly operably attached to an arm assembly of said exercise machine, said handle assembly comprising:

a handle member having a base, said handle member rotatably connected to said arm assembly about a first axis of rotation; and

said base having a first side and a second side, said first side being heavier than said second side such that when said exercise machine is not in use, said handle member rotates to an upright position in which said first side is below said second side.